

## HOW TO MEASURE



**NECK:** Measure around neck just below larynx

**CHEST:** Measure across fullest part of chest under arms

**SLEEVE:** Measure from center of back of neck, across shoulders, down to cuff

## SHIRTS

	MEN'S & ADULT UNISEX SIZES					BIG SIZES							
	XS	S	M	L	XL	2XL	3X	4X	5X	6X	7X	8X	9X - 10X
<b>NECK</b>	14	14 - 14 1/2	15 - 15 1/2	16 - 16 1/2	17 - 17 1/2	18 - 18 1/2	19 - 19 1/2	19 1/2 - 20	20 - 20 1/2	20 1/2 - 21	21	21 1/2	22 1/2
<b>CHEST</b>	30-32	34 - 36	38 - 40	42 - 44	46 - 48	50 - 52	54 - 56	58 - 60	62 - 64	66 - 67	68 - 69	70 - 71	74 - 75
<b>SLEEVE REG</b>	31 1/2 - 32	32 1/2 - 33	33 1/2 - 34	34 1/2 - 35	35 1/2 - 36	36 1/2 - 37	37 1/2 - 38	37 1/2 - 38	37 1/2 - 38	37 1/2 - 38	37 1/2 - 38	37 1/2 - 38	37 1/2 - 38
<b>SLEEVE TALL</b>				36 1/2 - 37	37 1/2 - 38	38 1/2 - 39	39 1/2 - 40						

	LADIES SIZES					PLUS SIZES			
	XS	S	M	L	XL	2XL	3X	4X	5X
<b>SIZE</b>	2	4 - 6	8 - 10	12 - 14	16 - 18	20 - 22	24 - 26	28 - 30	32 - 34
<b>BUST</b>	30 - 31	32 - 33	34 - 35	36 - 38	40 - 42	44 - 46	48 - 50	52 - 54	56-58
<b>SLEEVE</b>	31	31 1/2	32	32 1/2	33	33 1/2	34	34 1/2	34 1/2